## **CONVERSATION CARDS**

## **GREEN CARDS – Low**

- 1. What family tradition do you want to continue (or have you continued) with your own family?
- 2. If you could experience any TV show as your real life, which show would you choose? Why?
- 3. Who is your best friend? Why? How long have you known him/her?
- 4. What book should everyone read at some point in their lives?
- 5. What 'moment of glory' have you witnessed another person celebrate that you too would like to experience?
- 6. If you could appear as a guest on any current talk show, which show would you choose?
- 7. What is your favorite holiday of the year? Why?
- 8. If you got to choose a celebrity to play you in a movie of your life, who would it be?
- 9. What album, song, or podcast are you listening to the most these days?
- 10. If you were given 25 acres of land anywhere in the world and were given the means to develop it any way you'd like, where would it be and what would you do with it?
- 11. If you were stranded on a deserted island with no possibility of escape, what three personal possessions would you want to have with you?
- 12. What modern convenience could you definitely not live without?
- 13. If you could invite any three people (living or dead) to a dinner party, who would you invite? What would you talk about?
- 14. Given the ability, in what one Olympic sport would you most want to compete?
- 15. What one thing is guaranteed to make you smile?
- 16. What is something you enjoy that most people consider to be a chore?
- 17. If you could possess one unique superpower, what would you want it to be?
- 18. If you had to pick a theme song for your life, what song would it be?
- 19. If you were a website, what would your address be?

## YELLOW CARDS - Medium

- 1. What three values do you hold the highest?
- 2. Who has been one of the most influential people in your life?
- 3. Name the group where you have felt the happiest, most accepted, and most included? What made you feel this way?
- 4. If you could be presented with a noteworthy award, what awarded would it be and how did you earn it?

- 5. Share something that has helped you define who you are today?
- 6. What book has had the greatest impact on your life?
- 7. What is one of the most unlikely friendships you have made with someone? What made it so unusual?
- 8. Tell of a time when you made a very important decision?
- 9. If money were no object and there were no restrictions, what three things would you change about your life?
- 10. What three words would you most like said about you?
- 11. Tell of a time when you made a very important decision.
- 12. What is your favorite quote or inspirational message that you try to live by?
- 13. How would you most like to be remembered?
- 14. What are you most proud of about yourself?
- 15. Describe a time when a stranger went out of his or her way to make your day?
- 16. When and where have you been the most at peace?
- 17. Describe a time when you went out of your way to make a stranger's day.
- 18. What is the best piece of advice you have ever gotten?
- 19. What do you hope will be your biggest accomplishment in the future?

## **RED CARDS - High**

- 1. What is one of the most spiritual experiences you have had in your life?
- 2. What person would you like to have a better relationship with right now? How would it be different?
- 3. What is one of your fears for the year ahead?
- 4. What is one of the most important lessons you have learned? How did you learn it?
- 5. If you were able to complete the sentence, "we were put on this earth to.." How would you finish it?
- 6. What is one of the most challenging things you've had to do?
- 7. If someone asked you how you've made a difference in the world, what would you say?
- 8. What two men unrelated to you do you love? Why?
- 9. When did you last take a risk? What was the outcome?
- 10. If you had to name the one personality trait you've worked the hardest to change, what would you say?
- 11. If you were asked where and when you learned how to love, what would you say?
- 12. What is something that you wish your friends or family better understood about you?
- 13. What is the most rewarding thing you have done for someone else?
- 14. If you had the opportunity to correct a mistake in the past, what would you correct? Why?

- 15. During what time in your life have you experienced the most personal growth?
- 16. If you suddenly found the courage to do one thing that you've always been afraid to do, what would it be?
- 17. What two women unrelated to you do you love? Why?